

2009 WINTHROP EAGLE VOLLEYBALL CAMP PROGRAMS

All Camp information including application can be found at our website: www.winthropeagles.com

SPRING CLINIC

Open to Athletes in ALL Grades!

Individual Challenge Position Camp July 13-15th Open to Grades 7th-12th

Camp combines position specific training along with team play all in one. Day one of camp will spend covering all offensive skills (attacking, setting and serving), Day 2 will cover all defensive skills (digging, passing, blocking) and the final day of camp will be spent competing by position in team systems (serve receive, play-sets and offensive and defensive transitions).

The camp is split in two groups 7-8th graders and 9th-12th based on experience level (to be determined by camp director). This camp is geared for physically fit athletes, as the schedule is very demanding on the body! We ask that athletes come into camp with a basic level of fitness and ready to work! Athletes may sign up for one, two or all three days of camp. Campers signing up for all three days of camp may elect to be resident campers. Fee includes camp t-shirt, lunch and snack.

SESSIONS: 9:30-11:30, 1:30-4:00 and 5:30-7:00

TUITION: \$90 per camp (1 day session)
\$250 commuter for total camp (all 3 days)
\$350 resident for total camp (all 3 days)

REGISTRATION: 9:00am Winthrop Coliseum, July 13
Check out for residents, July 15 @dorms

Due to limited number of spaces, full payment is due with application

Eagle Foundation Camp July 6-7th Open to rising 3rd, 4th, 5th, 6th Graders

Get your student-athlete started in the sport of volleyball or refine the basics with this introductory level camp teaching all skills. Camp is open to rising 3rd, 4th, 5th and 6th graders. Camp tuition includes t-shirt and lunch. There will be 2 sessions with camper drop in the morning and pick-up in late afternoon. Limited number of spots available

SESSIONS: 9:00-11:30, 1:00-3:30

TUITION: \$50 1 day of camp
\$90 for both days

REGISTRATION:

8:30 AM Winthrop Coliseum, July 6

Due to limited number of spaces, full payment is due with application.

High Intensity High School Camp July 6-7th

Camp combines review of all skills with high level training along with play for the elite player. This camp will cover all areas of the game, training the basics to teaching advance techniques preparing athletes for their high school season. This camp will be four intense sessions! Fee includes t-shirt and lunch.

SESSIONS: 9:00-11:30 and 1:30-5:00

TUITION: \$175.00

REGISTRATION: 8:30am West Center on Winthrop Campus, July 6

Due to limited number of spaces, full payment is due with application

Jr. High Prep Camp July 6-7th

Prepare your 7th - 8th grade athlete for fall competition with this day camp offered by the Winthrop Volleyball camp staff, assisted by the Winthrop Volleyball student-athletes. The camper will receive two days of intense skill training and competitive play opportunities. Fee includes lunch and t-shirt. There will be two sessions per day with the camper drop-off in the morning and pick-up in the later afternoon at the Winthrop Coliseum.

SESSIONS: 9:00-11:30 and 1:30-5:00

TUITION: \$150.00

REGISTRATION: 8:30am Winthrop Coliseum, July 6

Due to limited number of spaces, full payment is due with application



Competition Team Camp July 8-9th

Two full days of competition beginning with 6v6 team wash drills, focusing on Serve Receive, Point Scoring, Freeball Plays, Blocking and D and 1st Ball Kill. You will finish with a Tournament. Camp is open to Varsity and JV teams a minimum of 8 players per team. **All teams are responsible for team transportation and meals.** The cost is \$75.00 per player. Fee includes t-shirt and insurance. Team will report to the Winthrop Coliseum at 9:00 am and play will begin at 9:30 am on July 8. Please contact Sally Polhamus polhamuss@winthrop.edu or Shannon Wells at wellss@winthrop.edu to reserve your spot. Cost for resident teams \$100.00 per player.

Training Competitive Team Camp, July 10th-12th

Open to High School VARSITY and JV TEAMS

Only Serious Teams Need APPLY!!! Prepare your team for the high school season play with this competitive training and play opportunity. Team will receive three days FULL of advanced training (side-out, point scoring, 1st ball kill, wash drills) and competition. The final day will finish crowning one tournament champion. Tuition includes insurance, t-shirt, and meals. Team may attend as commuters only for \$150.00 or a resident cost of \$200.00. **All teams are responsible for team transportation.** Camp is open to junior varsity and varsity teams. Team members are responsible for \$100 deposit. **Applications should be received ALL TOGETHER from coach.** Coaches please call and reserve your spot, as space is limited. Commuter teams will check in at Winthrop Coliseum, July 11 at 1:00pm. First competition begins July 10 at 2:00pm. Camp check-out is at 4:00 PM on July 12th following awards ceremony. Team members submit applications and deposits to coach. Coaches, please contact Sally Polhamus, polhamuss@winthrop.edu or 803-323-2129, ext. 6249, or Shannon Wells wellss@winthrop.edu to secure your spot in camp.

WINTHROP EAGLE VOLLEYBALL CAMPS—2009 Application

Name: _____ **Date of Birth:** _____
Address: _____ **Email:** _____
City: _____ **State:** _____ **Zip:** _____
Home Phone: () _____ **Emergency Phone:** () _____
Grade entering fall of 2008: _____ **Age:** _____ **Height:** _____ **Weight:** _____ **T-shirt size:** S M L XL (adult sizing)
Parent(s)/Guardian Name(s): _____
Parent's work phone: _____ **Cell Phone:** _____
School Name: _____ **School Coach:** _____
Club Team (USAV): _____ **HS Coach Phone #:** _____
Roommate Preference: _____

Parent's note: Each application must be signed by a parent or guardian before it will be accepted (under medical release)

PLEASE CIRCLE YOUR CHOICE(S): FULL PAYMENT IS DUE WITH APPLICATION (TRAINING COMPETITIVE TEAM CAMP-\$100 DEPOSIT)

July 6-7	Jr. High Prep Camp-\$150.00
July 13-15	Individual Challenge Position Camp-\$350.00 (Commuter fee \$250.00) ALL THREE DAYS Position: OH MH S DS RS (Circle Position)
July 13	Individual Challenge Position Camp-Day 1-Offensive Skills-\$90.00 Position: OH MH S DS RS (Circle Position)
July 14	Individual Challenge Position Camp-Day 2-Defensive Skills-\$90.00 Position: OH MH S DS RS (Circle Position)
July 15	Individual Challenge Position Camp-Day 3-Competitions-\$90.00 Position: OH MH S DS RS (Circle Position)
July 6-7	High Intensity High School Camp - \$175.00
July 10-12	Training / Competition Team Camp-\$150.00 per player Commuter \$200.00 Resident Team Name: _____ \$100.00 Deposit required with application
July 6-7	Eagle Foundation Camp -\$50.00 1 day of camp \$90.00 for 2 days of camp
July 8-9	Competition Team Camp \$50.00 per player \$100.00 per player Resident Camper (please fill-in roommate preference) Team Name: _____

AIRPORT SHUTTLE: Please circle if you will need service from Charlotte International Airport

Medical Release: All campers must have their own medical coverage. Winthrop Volleyball Camps provides only excess coverage after your insurance policy has been utilized. Campers will not be allowed to play unless the following information is submitted and signed by parent or guardian of the camper.

Winthrop University Summer Academic/Sports Camp Medical Assumption of Risk, Release and Indemnification Form

Name of Health Care Provider/Group: _____ Phone: _____
 Health/Medical Insurance Company: _____ Policy #: _____

Please attach a copy of insurance card (front and back)

Allergies (include medications currently taking): _____
 Reaction to above allergies (i.e. hives, anaphylaxis, diarrhea): _____
 Current Medications (prescription or over the counter medications as well as their purpose and dosage): _____
 List of Chronic Illnesses/Medical Conditions or Disabilities: _____
 List any special accommodations needed for the above conditions from the camp? _____
 Date of Last Tetanus Shot: _____
 List recent immunizations, injuries or surgery: _____
 Has the camper traveled outside of the United States within the past six months? Where, when and for how long? _____

The undersigned, being a parent or legal guardian of the child requesting camp admittance, does hereby affirm the applicant is physically able to perform activities conducted at the camp and I hereby give my permission for such medical procedures as may be necessary to this camper by Winthrop University in the event of sickness or injury. I understand that, as a condition of admittance as a camper, the undersigned, on behalf of all parents and guardians, and behalf of the applicant, hereby releases Winthrop University and all other employees, volunteers or agents of the camp from any and all liability, from injury, illness, mental or physical, suffered by the camper during or related to camp, to also include transportation and personal property.

Camper's Signature: _____ Date: _____
 Parent's (Legal Guardian) Signature: _____ Date: _____

TOTAL AMOUNT ENCLOSED: _____ **I AM ATTENDING CAMP AS A: COMMUTER or RESIDENT**
Full payment is due with application (except Training competition TEAM CAMP). Returned checks due to insufficient funds will be charged an additional \$30 fee.

Make checks payable to: Winthrop Eagle Volleyball Camp and send with application to:
 Winthrop Volleyball Camp, Winthrop Coliseum, Rock Hill SC 29733
*You can get additional applications by emailing polhamuss@winthrop.edu Camp updates can be found at www.winthropeagles.com on the volleyball page
 If your athlete is attending multiple camps, please inquire about our multiple camp discount* at polhamuss@winthrop.edu (*does not include Team Competition Camp)*

Please contact Sally Polhamus polhamuss@winthrop.edu or Shannon Wells welss@winthrop.edu with any questions.